

## **1.2.2 YEAR WISE SUMMARY REPORT OF CERTIFICATE COURSE WITH THEIR OUTCOMES**

### **Life Skills (2016-17)**

With the noble objective of enhancing, one's ability to be fully self-aware by helping oneself to overcome all fears and insecurities, the college has been conducting a certificate course on "Life Skill". Every year the students enrolled are given both theoretical and practical knowledge in self-defence, yoga, emotional, intellectual and professional competency. The certificate course on "Life Skills" aims to give students a formal and methodical exposure of thinking and problem solving. This approach is practical in true sense. It provides an opportunity to the students to develop their psychosocial competence and personal skills for taking decisions in their life. The programme is conducted for a duration of 30 hours. In the year 2016, 32 students were enrolled in this programme. MCQ based exam was conducted at the end of the course, and the students secured good percentage of marks in the examination. All the enrolled students passed the examination and certificates were issues to them. After completing this course, the students understood the concept of life skills, gained insight about the core life skills and comprehended the importance of life skills and improved the way of living in terms of pranayama, yoga and self-defence.

### **Life Skills (2017-18)**

With the noble objective of enhancing, one's ability to be fully self-aware by helping oneself to overcome all fears and insecurities, the college has been conducting a certificate course on "Life Skill". Every year the students enrolled are given both theoretical and practical knowledge in self-defence, yoga, emotional, intellectual and professional competency. The certificate course on "Life Skills" aims to give students a formal and methodical exposure of thinking and problem solving. This approach is practical in true sense. It provides an opportunity to the students to develop their psychosocial competence and personal skills for taking decisions in their life. The programme is conducted for a duration of 30 hours. In the year 2017, 30 students were enrolled in this programme. MCQ based exam was conducted at the end of the course, and the students secured good percentage of marks in the examination. All the enrolled students passed the examination and certificates were issues to them. After completing this course, the students understood the concept of life skills, gained insight about the core life skills and comprehended the importance of life skills and improved the way of living in terms of pranayama, yoga and self-defence.

### **Life Skills (2018-19)**

With the noble objective of enhancing, one's ability to be fully self-aware by helping oneself to overcome all fears and insecurities, the college has been conducting a certificate course on "Life Skill". Every year the students enrolled are given both theoretical and practical knowledge in self-defence, yoga, emotional, intellectual and professional competency. The certificate course on "Life Skills" aims to give students a formal and methodical exposure of thinking and problem solving. This approach is practical in true sense. It provides an opportunity to the students to develop their psychosocial competence and personal skills for

taking decisions in their life. The programme is conducted for a duration of 30 hours. In the year 2018, 30 students were enrolled in this programme. MCQ based exam was conducted at the end of the course, and the students secured good percentage of marks in the examination. All the enrolled students passed the examination and certificates were issues to them. After completing this course, the students understood the concept of life skills, gained insight about the core life skills and comprehended the importance of life skills and improved the way of living in terms of pranayama, yoga and self-defence.

### **Life Skills (2019-20)**

With the noble objective of enhancing, one's ability to be fully self-aware by helping oneself to overcome all fears and insecurities, the college has been conducting a certificate course on "Life Skill". Every year the students enrolled are given both theoretical and practical knowledge in self-defence, yoga, emotional, intellectual and professional competency. The certificate course on "Life Skills" aims to give students a formal and methodical exposure of thinking and problem solving. This approach is practical in true sense. It provides an opportunity to the students to develop their psychosocial competence and personal skills for taking decisions in their life. The programme is conducted for a duration of 30 hours. In the year 2019, 30 students were enrolled in this programme. MCQ based exam was conducted at the end of the course, and the students secured good percentage of marks in the examination. All the enrolled students passed the examination and certificates were issues to them. After completing this course, the students understood the concept of life skills, gained insight about the core life skills and comprehended the importance of life skills and improved the way of living in terms of pranayama, yoga and self-defence.

### **Communicative English (2018-19)**

The certificate course on "Communicative English" aims to give students a formal and methodical exposure communication skills. This approach is practical in true sense. It provides an opportunity to the students to learn and comprehend communication skills and apply in practical setting. Eminent professors are invited by the institution for taking classes of such subject related programs. The college started the spoken English classes in the year 2018-19. In this session 48 students were enrolled in the course. Dr. Kamdeva Sahu, Ex Reader and HOD of G. M. Autonomous College was the resource person for communicative English. He oriented the students in 18 classes starting from 08.02.2019 to 28.02.2019. These classes were held of one-hour duration. MCQ based exam was conducted at the end of the course, and the students secured good percentage of marks in the examination. All the enrolled students passed the examination and certificates were issues to them. After completing this course, the students understood basic communicative English skills, gained insight about vowel and consonant sounds and comprehended about phonetic rules.

### **Communicative English (2019-20)**

The certificate course on "Communicative English" aims to give students a formal and methodical exposure communication skills. This approach is practical in true sense. It provides an opportunity to the students to learn and comprehend communication skills and apply in practical setting. Eminent professors are invited by the institution for taking classes of such

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Principal  
Govt. Women's College  
DAMBALPUR

subject related programs. The college started the spoken English classes in the year 2019-20. In this session, 43 students were enrolled in the course. Dr. Kamdeva Sahu, Ex Reader and HOD of G. M. Autonomous College was the resource person for communicative English. He oriented the students in 18 classes starting from 08.02.2020 to 28.02.2020. These classes were held of one-hour duration. MCQ based exam was conducted at the end of the course, and the students secured good percentage of marks in the examination. All the enrolled students passed the examination and certificates were issues to them. After completing this course, the students understood basic communicative English skills, gained insight about vowel and consonant sounds and comprehended about phonetic rules.

### **Fashion Design (2019-20)**

Fashion Design is a specialization of humanities that covers the wide spectrum of fabrics, styles, patterns, colours and prints. The certificate course on "Fashion Design" covers the art of designing beautiful clothing and fashion accessories. This course looks at the works of famous designers and the culture of the time to show students how great fashion designs come to be. It provides an opportunity to the students to learn about the fashion design in a practical set up. The college offered a certificate course on "Fashion Design" in 2019-20 to help the students to transact into their desired career. The college provided the course for a duration of 30 hours in three months. MCQ based exam was conducted at the end of the course, and the students secured good percentage of marks in the examination. All the enrolled students passed the examination and certificates were issues to them. After completing this course, the students understood fashion and textile design in relation to the need of fashion and textile products, gained insight about design concept in fashion and comprehended about traditional textile art of India.

### **Human Nutrition (2019-20)**

The certificate course on "Human Nutrition" aims to give students a formal and methodical exposure about the importance of food and nutrition for human life. It provides an opportunity to the students to develop thorough understanding of human nutrition. The nutrition course provides in-depth knowledge on food selection, macro nutrients, micro nutrients and human physiology related to digestion and metabolism of food. With this noble objective the college has opened a certificate course of Human Nutrition of three months for a duration of 30 hours. The course provides knowledge of nutrition along with exercise providing fitness. MCQ based exam was conducted at the end of the course, and the students secured good percentage of marks in the examination. All the enrolled students passed the examination and certificates were issues to them. After completing this course, the students understood food and nutrition, and nutritional requirements, gained insight about energy in human nutrition and nutrition for special nutrition and comprehended about community nutrition and nutritional assessment.

### **2020-21 Session**

Due to COVID situation, certificate courses could not be offered.

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23.09.2021  
G.M. Autonomous College  
Sambalpur